

Momentum Education Teen Workshops



The Momentum Education Teen Trainings emphasize current and relevant issues for young adults and explore principles such as trust, responsibility, win/win and choice for ages 13-17.

From our Teen Possibility Workshop, to our Teen Leadership Program, Momentum Education is inside your classroom to invite your students to share their voices, let them know how they make a difference, and to support them in gaining clarity in becoming better leaders for themselves, their families and their communities.

TOPICS INCLUDE

Communication

Peer Pressure

Self-Image

Self-Esteem

Relationships

School Life

Home Life



TEEN POSSIBILITY WORKSHOP

A 2-day, weekend workshop for teens where topics include communication, peer pressure, self-image, self-esteem, relationships, school life and home life. Parents/guardians/caregivers are invited to join their teens for an open dialogue post workshop.



TEEN LEADERSHIP PROGRAM

Teens work towards tangible results in their lives and within their school and community. This four month process concludes with an acknowledgment ceremony designed to celebrate the results of the Leadership Program.

95%

of our Teen Possibility graduates feel an increased sense of self-confidence and self-empowerment.



Over 90% of schools we work with invite us back to work with more of their students that very same school year. We offer options for in-person and virtual training, support materials, and direct work with educators and administrators to integrate the experience into your school culture.

Post training, our Teen Possibility students walk away with:

- ✓ Increased confidence, immediately observable through body language.
- ✓ Tools for healthy emotional expression.
- ✓ A vocabulary to address adversity, stress, and uncomfortable situations.
- ✓ Deep and lasting relationships with other students, some of whom they haven't met before due to remote learning environments.
- ✓ A readiness to take on mentorship roles with peers and younger students.
- ✓ Bold commitments to themselves, their friends, their families, and their communities.

OUR TEEN TESTIMONIALS

"It was powerful sharing about difficult things. It was good to know that people were actually listening!"

"The Momentum Coaches and Mentors were amazing!"

"It was exciting talking about our goals with our small groups."

Click here to view a video of our most recent Teen Possibility Workshop



SCAN/CLICK THE QR CODE TO BOOK A CALL OR VISIT OUR WEBSITE

WWW.MOMENTUMEDUCATION.COM/TEEN-POSSIBILITY